

This Seafood Rub blends a perfect mix of seasonings for grilling, roasting or sautéing fish or seafood. Also great for adding to marinades and sauces to enhance the flavor of your next seafood dish. I hope you enjoy this gourmet rub as a pleasing addition to your kitchen as much as my family and I do.

*Bruce R. Cohn*

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**B.R. COHN**

**SEAFOOD  
 RUB**

NET WT. 2 OZ. (57 g)

PLEASE RECYCLE

**Nutrition Facts**

Serving Size 1 tbsp. (9g)  
 Servings about 6

Amount/Serving	% DV*
<b>Calories</b> 20	
Fat Cal. 0	
<b>Total Fat</b> 0g	0%
Sat. Fat 0g	0%
Trans Fat 0g	
<b>Cholest.</b> 0mg	0%
<b>Sodium</b> 870mg	36%
<b>Total Carb.</b> 5g	2%
Dietary Fiber 2g	9%
Sugars 0g	
<b>Protein</b> 1g	
Vitamin A	0%
Vitamin C	30%
Calcium	6%
Iron	4%

\*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: Spices, Lemon Peel, Salt, Dried Onion.